

## About APDA

The American Parkinson Disease Association was founded in 1961 with the mission to *Ease the Burden - Find the Cure* for Parkinson's disease. As the country's largest grassroots PD organization, APDA aims to *Ease the Burden* for the more than one million Americans with PD and their families through a nationwide network of Chapters, Information and Referral (I&R) Centers, and support groups. APDA pursues its efforts to *Find the Cure* by funding Centers for Advanced Research and awarding grants to fund the most promising research toward discovering the cause(s) and finding the cure for Parkinson's disease. The Vermont Chapter has been serving Vermonters since 1998.



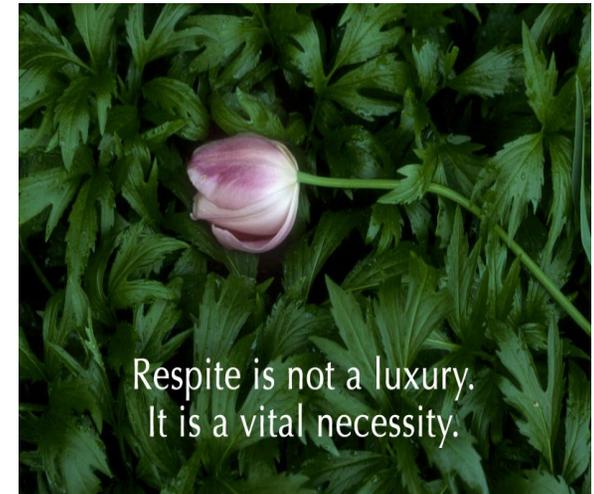
APDA Vermont Chapter  
UVM Medical Center  
Department of Neurology  
1 South Prospect Street  
Burlington, VT 05401

888-763-3366  
apdavermont@apdaparkinson.org  
www.parkinsonsvt.org

American Parkinson Disease Association Vermont Chapter  
The University of Vermont Medical Center  
Department of Neurology  
1 South Prospect Street  
Burlington, VT 05401



## *The* Robert W. Hamill, MD Respite Care Program



Funded by the  
American Parkinson Disease Association  
Vermont Chapter



## About the Program

The Robert W. Hamill, MD Respite Care Program was initiated by the Vermont Chapter of the American Parkinson Disease Association (APDA) in 2009 to help *Ease the Burden* on those who care for people with Parkinson's disease. The program continues to be supported by ongoing fundraising efforts and donations to the Vermont Chapter.



## What is the Program For?

The APDA is very aware of the enormous contribution family care partners offer every day to people with Parkinson's disease. We also know caregivers cannot give unendingly without some time and space to recharge themselves. Sometimes, a care partner is not comfortable leaving a family member alone. This program is designed to help pay for short term home care to supplement the care usually provided by family members. This allows the family caregivers to know their loved one is safe in the home while they are gone.

## How Does It Work?

The APDA Vermont Chapter has contracted with home care agencies and adult day programs throughout the state. To arrange for respite care, simply follow the steps below:

- ◇ Contact the APDA Vermont Chapter via the email address or phone number listed on this brochure.
- ◇ Have the physician who cares for the person with PD send a note confirming the diagnosis of PD and the need for respite care.
- ◇ Contact a local home care agency or adult day program to arrange care. We are happy to provide a list but we cannot make recommendations.
- ◇ Two vouchers are issued, each for 4 hours of respite care. Care does NOT need to be provided in 4 hour increments. We will send the vouchers directly to your provider of choice.
- ◇ The agency will then submit an invoice to us for payment along with the signed vouchers.
- ◇ The maximum number of hours allowed for payment is 8 per month.



## Eligibility Guidelines

- ◇ The person with PD and the caregiver must live together in Vermont.
- ◇ The APDA Vermont Chapter must receive a note from the physician confirming the diagnosis of PD.
- ◇ There are no income guidelines.



## What Can the Respite Worker Do For Me?

- ◇ Services provided include personal care (hygiene, dressing, feeding), meal preparation, light housekeeping duties. In addition, the respite care provider may assist with home exercise programs and provide general companionship (cards, games, walks).
- ◇ Professional nursing services are *not* included in this program.
- ◇ The respite care worker cannot provide transportation for the client.
- ◇ The respite care worker may not dispense medications to the client. He or she may provide medication reminders.