



The American Parkinson Disease Association continues its Fight to Ease the Burden and Find the Cure for Parkinson's disease.

At Awareness Day, you can:

- ◆ Learn about Parkinson's disease
- ◆ Share information and resources
- ◆ Make social and support connections
- ◆ Learn how to raise awareness in your community and beyond
- ◆ Have fun!

Visit our website  
[www.parkinsonsvt.org](http://www.parkinsonsvt.org)



American Parkinson Disease Association - Vermont Chapter

American Parkinson Disease Association  
Vermont Chapter  
University of Vermont Medical Center  
Department of Neurology  
1 South Prospect Street  
Burlington, VT 05401

# Parkinson's Awareness Day 2017

## *Living with PD: An Integrative Approach*



**The Quechee Club**  
3268 Quechee Main Street  
Quechee, VT 05059  
**Saturday, April 22, 2017**  
**9:00 AM– 4:00 PM**

## APDA Vermont Chapter

### Officers

Maureen Vinci, President  
Charlotte Gowen, Secretary & Treasurer

### Executive Committee Members

Howard Aiken  
Patty Barry  
Angela Corbin  
Chris Hansen  
Sue Leister  
Kirstin Solomon

### Trustees

Bill Brawley

## PD Talent Display

Do you have a craft, skill or artistic talent that helps enrich your life? You are invited to share it with your peers at Awareness Day.

Bring your paintings, drawings, cards, knitting, quilting, woodwork, music, photography, or collections, and we will provide a place for you to exhibit your talent!

**Space is limited, so please call or email ahead to reserve a table.**

802-847-3366  
parkinsoninfo@uvmhealth.org

## Program

- 9:00 Registration and Breakfast  
9:30 Welcome and Opening Remarks  
9:45 Alternatives, Therapies, Hacks and Work-Arounds for Living Well with Parkinson's Disease  
*Facilitated by Chris Hansen*  
10:15 Cannabis & Parkinson's Disease: What Does the Research Say?  
*James Boyd, MD*  
11:15 Break  
11:30 Brainwave Optimization  
*Bryn Perkins, PA*  
12:30 Lunch and Annual Meeting  
*Maureen Vinci, Chapter President*  
*Charlotte Gowen, Chapter Treasurer*  
1:45 Tai Ji Quan: Moving for Better Balance  
*Mary Ellen O'Brien, PT*  
2:45 Break  
3:00 Neurologic Music Therapy  
*Joanne Beck, MSW*  
4:00 Adjourn



### Questions?

Call 802-847-3366 or email  
parkinsoninfo@uvmhealth.org

## Registration

**Cost: \$20 per person and/or donation to the Chapter**  
Includes breakfast and lunch

**Register online at**  
**[www.parkinsonsvt.org](http://www.parkinsonsvt.org)**

If you are unable to complete your registration online, please call  
802-847-3366

**Registration Deadline**  
**April 12, 2017**

## Hotel Rooms

Group rates are available at the following hotels until March 20th. Please contact the hotels directly to make reservations, and mention that you are attending Parkinson's Awareness Day.

Quality Inn at the Quechee Gorge  
\$100 per night  
802-295-7600

Hampton Inn of White River Junction  
\$90 per night  
802-296-2800

For a complete list of lodging options in the Quechee/Woodstock area, please visit  
[www.parkinsonsvt.org](http://www.parkinsonsvt.org)